

# MEDIA KIT



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Author: Sandy Levey-Lunden  
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**Why am I here? What is my true purpose in life? How can I be at peace?**

These questions sparked a lifelong quest for Sandy Levey-Lunden

**ON PURPOSE  
WITH SANDY LEVEY-LUNDEN**

# Author Bio

**Sandy Levey-Lunden** was born in the Bronx, New York City (NYC). After graduating from the City College of NYC with a BA in Psychology and a Master of Science in Education (M.S.Ed.) from the Bank Street College in NYC, she became a teacher of children with emotional disturbances. She saw each student as unique, filled with talents, abilities, and gifts, so she found a way to teach each one according to their learning style.

At 28, Sandy moved to Los Angeles, California, to do Arthur Janov's Primal Therapy. However, she felt the premise of his therapy to be untrue, that you might never recover if your womb experience, birth, or early childhood damaged you. So, Sandy committed the rest of her life to prove otherwise and discovered a way for anyone willing to release emotional pain holding them back from living in peace.

Living in California during the 1980s, surrounded by an energy of innovative healers, she became a life coach and counselor and opened her business, On Purpose, to serve people. In 1987, Sandy met the well-known rebirthing teacher and psychologist Lena Kristina Tuulse in Honolulu, Hawaii. Lena Kristina invited Sandy to come to Sweden and teach her everything she knew about personal marketing, finding vision, life purpose, and fully communicating.

During that pivotal visit, Sandy met a Swedish man whom she married in 1989. She moved to Sweden with her daughter and business, and that is where she created The Power of Clearing method. Sandy has been an international speaker, personal and relationship counselor, and trainer for over 40 years with 24 original trainings, each curated to answer a specific challenge presented by a client.

She traveled the globe with a team of Power of Clearing coaches that hold space and guide students to release the illusions of the past and return to their true nature. Her impactful style has helped thousands of people in North America, Australia, Sweden, and Europe to heal their limiting beliefs, trauma, pain, and relationship challenges.

Sandy inspires people to find their path and live on purpose. In 2001, Sandy decided to be where the Youth on Purpose project was happening in Vancouver, BC, Canada. The closest city in the United States is Bellingham, so she moved there and traveled across the border to Canada to participate in the youth project. Sandy still resides in Bellingham, close to her extended family, daughter, and grandchildren.

"Sandy is a masterful MUSE with intuitive, practical communication skills, an open mind and heart, and a powerful presence that can move mountains (and stubborn egos).

With her ground-breaking Clearing Process, I can clear with myself whenever stuff arises, as I am the common denominator in every relationship and situation. Anything is possible around Sandy Levey-Lunden!"

—**Christina S. Ireland,**

Social Visionary Entrepreneur,  
Teacher, Therapist, Political Activist  
Vancouver, BC, Canada



# Book Description

This legacy book embodies Sandy Levey-Lunden's gift of intuition, compassionate listening, and heart-centered commitment to connecting deeply with people. Sandy has facilitated profound transformation through hundreds of trainings for thousands of people worldwide. This is the first time Sandy shares her accumulated knowledge from four decades of counseling and life coaching.

In 1980, Sandy opened her business **On Purpose**, and soon stepped into the international arena of the personal and spiritual growth movement. Her students quickly recognized her as a brilliant teacher. However, she had little interest in fame or writing books. Instead, her passion was people and effectively supporting her students in shifting their consciousness from fear to love. As a result, she now has a worldwide network of thousands of more joyous and peaceful students, many of whom practice as counselors, therapists, and coaches.

As a formerly shy person, Sandy had found her calling and developed tools to support others to heal trauma and suffering and learn to communicate fully from the heart.

Sandy's simple yet powerful method guides participants to release past experiences and negative core-thinking patterns that may repeatedly attract negative life experiences. Sandy teaches how to move from limited thinking toward a life according to true purpose.

*"Deep feelings of guilt hide in our relationships with parents, siblings, and co-workers,"* notes Levey-Lunden. *"People come to me to heal from years of personal pain, familial, relationship, or employer issues."*

With her unique coaching style, Sandy trains and heals our ability to interact with others. She has helped clients reconcile with their spouses, rekindle relationships with absent or overbearing parents, renew loving, permanent connections, and re-establish productive, rewarding careers.

Sandy's masterful approach helps participants release these past patterns, relearn communication skills, and transform their lives. She states, *"By changing our beliefs, we reconnect to the deeper awakenings of how thinking controls us."* She quotes Wayne Dyer, *"When we change the way we look at things, the things we look at change."*

Her book ***I Just Want Peace*** reveals Sandy's original 3-step Clearing Process that demonstrates how you can release negative beliefs and reclaim your most purposeful, joyous, and authentic life.

Sandy's personal story offers insights into how she received **The Power of Clearing** process during a life crisis. Lessons from A Course in Miracles (ACIM) are paramount in her work and serve as the spiritual premise for her training, coaching, and network.

***I Just Want Peace*** encourages and challenges people to take full responsibility for the reality we create by claiming our power. One unique aspect of Sandy's work is that she is committed to supporting you on your life journey toward living the most expansive vision for your life.

***"Sandy has the gravitational pull of a planet."***

**Kristi Birnie, Power of Clearing Coach**



# Testimonials



“Sandy is like a force of nature complete with her own inter-dimensional wormhole. When traveling the galaxy, coming across a shortcut can be of great help, and this is how it is when you enter Sandy’s orbit. She is connected with resources for whatever or whomever you seek. If you are ready for the highest truth of yourself, she can help you with that too! She’s incredible.”

**-Shyralee Mitchell**—Inter-dimensional Explorer, Singer/Songwriter, Radio Show Host, Professional Hand Analyst & Soul Strategist—Montana, USA

“Sue and I met in 1993. We went headlong into Sandy’s Art of Surrender, the battle of the sexes. Over the years, when we see married couples in separation and splitting up, we thank Sandy and all of her gusto for giving us the tools and experiences to be truly connected and celebrate each other. Thank you, Sandy.”

**—Sue Wilde and Richard Locke**, Colon therapist, teacher, and Finish Carpenter in Vancouver, BC, CA



**"Her insights will envelop you with love."**



“Convinced that I was unlovable and unworthy of prospects at the end of my marriage, I had no idea how profoundly the Clearing and Holy Relationship work with Sandy and her coaches would pave the way to happiness for me and for those dearest to me. I let go of all guilt, fears, and feelings of unworthiness with The Power of Clearing process. There were moments I felt I could die from the emotions until I tapped the truth of my own self, that I was good enough to be wanted and chosen and worthy of love and compassion. From this point forward, I was able to begin my new life. It has been a miraculous healing clearing what was in the way of our family, all joining fully in the family dynamic, accepting each other.”

**-David Spooner—Power of Clearing Coach—Scotland and England tour guide**



“Sandy taught me that nothing is unforgivable. I can release any upset by clearing my mind. There is only LOVE. The rest is a story I made up. This way of living has transformed my relationship with everyone important to me.”

— Miriam Evers—Power of Clearing Coach, Joyous Renegade—British Columbia, CA

## WHO SHOULD READ



The target audience of *I Just Want Peace* are looking to heal, release negative thinking patterns, and are willing to take responsibility and do the work to get it done. They are spiritually minded (or at least open to that viewpoint) and are looking for a clear process to follow to do the work.

## BOOK BENEFITS



- Step-by-step instructions to release past patterns with The Clearing Process
- Become aware of negative ego thoughts and projections on others
- Learn how to own your projections and release them
- Completely forgive yourself and experience an inner state of love, peace, and worth
- Practical tools to fully communicate
- Real-life testimonials and stories of transformation and healing
- How to live your Truth and take full responsibility for your reality

# Book Excerpts

*Since you are reading this, then you are ready to receive this teaching.*

*It is a journey without distance to a goal that has never changed.*

(ACIM, T-8.VI.9:7)

Sometimes, we think we've overcome a pattern only to see it pop up elsewhere. We will repeat the same patterns until we dive deep down and truly forgive ourselves and others.

The process of putting together all the puzzle pieces in someone's mind about an issue and releasing it through forgiveness can be very fast because of the structure of The Clearing Process. The process quickly points to the source of why a person thinks a certain way. This effectiveness is a major reason for the growing popularity of The Power of Clearing in all countries and across all cultures. In clearing, there is no one and nothing that is seen or believed to be separate in any way.

Everything is about courage; the courage to be your True self and decide that your journey to be at Peace, Love, and Oneness is the ultimate purpose of your life. My teachings are based on the Truth that there is no lack of love. We are the love we seek. Therefore, we will never fulfill the illusion or story that we are lacking love and that we need to find the right person, a "soul mate," to fill this lack that we perceive is in us. We can try and we will never succeed. That realization is the dawn of a new world in our life.

To surrender is to let go, to trust life, to walk the path of Love, to trust the process, to be the one you really are, to dare to do the unknown even when you doubt, releasing to a Higher Power, accepting ANY situation, what is IS, to say YES.

Often, the lessons are repeated until we get them. Failure is a learning process. So, we need to be gentle with ourselves and hold ourselves in love until we can let go of judgment and see ourselves truly as the magnificent beings that we are.

If we communicated fully, we could learn to experience more freedom in our lives. The feeling of love is a function of total communication. So, to feel love, you must open, be vulnerable, and fully communicate what you are most afraid to say. You must be very clear about what you really want and what is your real intention.



*"Her teaching and forgiveness technique drains the puss from your damaged soul and leads you toward wholeness."*

—Alanna Zackrison, Nurse,  
student of transformation in Knoxville, TN, USA





# Interview Questions



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What motivates and energizes you at age 77 to keep working with the many people who come to you for support?

How do your clients find you, and why do they reach out to you?

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2

How did you become one of the first life coaches in the world and why did you choose that path?

What are your favorite aspects of your work as a life coach, counselor, seminar leader, and facilitator of your trainings?

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3

What created the desire in you to write this book after working in your field for over 40 years?

What will be the sequel to your book, *I Just Want Peace*, and when do you imagine writing it?

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4

After working with thousands of people for four decades, you could be burnt out or retired.

Will you be doing zoom training for those who want to go more in depth into the process and take one of these trainings?

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5

Why did it take ten years to write your book? Why do you call it a legacy book?

How, when, and why did you create *The Power of Clearing* process?

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6

What is unique about *The Power of Clearing* process?

Why would someone want to do *The Power of Clearing* process and how does the 3-part Clearing Process work?

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7

How does the forgiveness part of your process work and why do you say that ultimately the most important step is to forgive yourself?

Who would benefit from *The Power of Clearing* process?

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8

How does inner peace from *The Clearing Process* lead to outer peace in the world?

What concepts of your book should be taught in school?

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9

What are some of the most significant transformations you have seen in your lifetime?

Why do you think we are not teaching these concepts in school?

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How does one become a *Power of Clearing* Coach?

What is your intention for humanity?

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# Story Ideas for Reporters

“Sandy Levey-Lunden is an excellent teacher drawing on a rich and exciting life. She goes straight to the bottom line and works through the process without wasting a second, seemingly born to do this work. Her creative approach and intuitive insight go beyond words. She is simply brilliant at moving mountains in your mind. She taught me how to wake up, be 100% alive, and direct life with a sense of meaning. Knowing her, I feel that much more was possible than I ever dreamed. I am so grateful!

—**Anna Margareta Sundberg Reed**, Past TV commentator and newscaster, journalist, Swedish/English translator, Certified Power of Clearing Coach in Linköping Sweden

“No amount of ego evidence will ever make True something that isn’t True anyway.”

“Big T Truth is a fact that will always be True no matter how many stories the ego makes up to prove as ‘evidence’ that you are unlovable by constantly saying who doesn’t love you from your family. You are Worthy and Loveable. In Truth you are always Loved, because Love is a fact and you are Love itself.”

Sandy Levey-Lunden

You have been called a matchmaker; what kind of matches do you make, why and how?

You have always said that personal marketing has been something you have been doing all your life; how does it relate to The Power of Clearing process?

Why do you feel that it is so important for people to learn to totally communicate what they think, feel, and believe in a way that other people can understand them and each other?

How do you view the increase in the shootings in recent months of 2022 and what could be some things that could be done about it to create a transformation in this unsafe situation?

“Hearing Sandy’s unmistakable voice reminded me of who I was in my Higher Self. She helped me navigate years of stormy emotional waters with a lot at stake. I remember feelings of utter calm in knowing Divine Strength within me.”

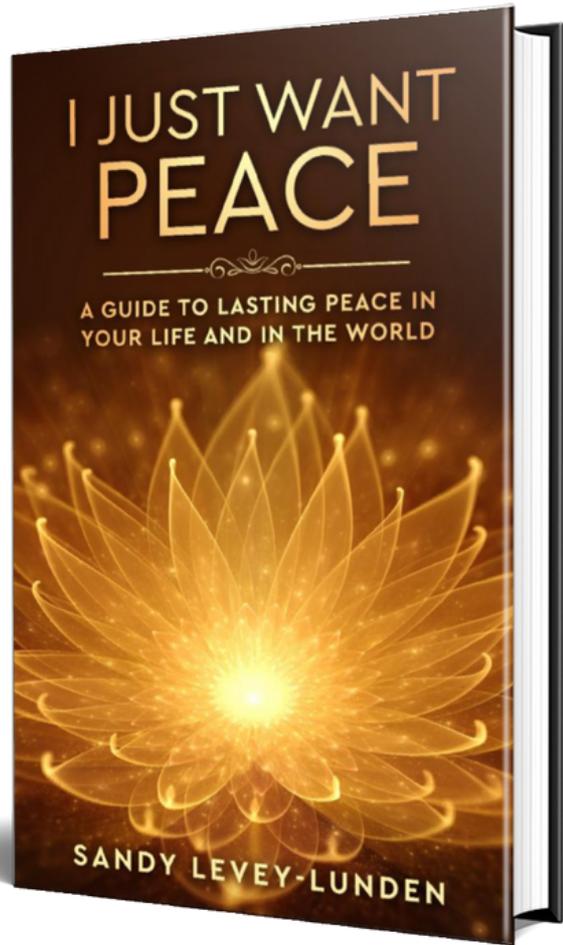
—**Iona Leishman**, Certified Power of Clearing Coach, Visual Artist  
Inverness, Scotland

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Thank you.



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“You will discover an abundance of benefits from The Power of Clearing process. You will feel lighter, freer, and more peaceful from uncovering and releasing unproductive patterns of thought that have kept you stuck. You will remember that you are perfect exactly as you are now—complete, whole, and lacking nothing. You will be able to use this practical and straightforward process on your own, and you will discover within all the resources and inherent gifts to lead an abundant, rewarding, and joyful life.”

—**Oriana Howes**, Certified Power of Clearing Coach—London, England

# Sandy Levey-Lunden



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